

STRENGTHS AND LADDERS

GAME B

Now that you've spotted your strengths, its time to put them into action...just remember to use them wisely so you don't get swallowed up by a snake!

Rules of Play

Roll the die to find out who goes first - player with the highest number starts.

Move forward the number of places as indicated on the die.

If you land on a SCORE! square, you have used your strength well. Climb up the ladder and wait your next turn.

If you land on an OVERUSE! or UNDERUSE! square, you have not used your strength wisely. Next time learn how to use just the right amount of your strengths in different situations. Slide back down the snake and await your next turn.

The player that reaches the final square first is the winner - great use of strengths in the best possible way!



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|---|---|---|--|--|--|---|--|---|---|
| 100 | 99 | UNDERUSE! Humility No need to brag, learn to accept compliments with grace. | 97 | 96 | OVERUSE! Curiosity Uh oh - there is a fine line between curiosity and just plain nosiness! | 94 | 93 | 92 | 91 |
| 81 | 82 | 83 | OVERUSE! Bravery Uh oh - you broke your arm trying to fly! | 85 | 86 | 87 | 88 | 89 | 90 |
| UNDERUSE! Spirituality Take more time to explore meaning to avoid the muddle. | SCORE! Leadership Nice job - you brought out the best in your team and together you aced it! | 78 | 77 | 76 | 75 | 74 | SCORE! Humility Accept the praise graciously, move up and know within that you did good. | UNDERUSE! Honesty Being true to yourself may help you in being honest with others. | 71 |
| 61 | 62 | 64 | 65 | 65 | SCORE! Appreciation of Beauty & Excellence Noticing the excellence in others elevates you. | OVERUSE! Prudence Uh oh - you played it too safe and missed a wonderful opportunity! | 68 | 69 | SCORE! Humour Joining that laughter club elevates your upwards. |
| SCORE! Prudence You picked up the error that everyone else missed - well done! | 57 | 58 | SCORE! Curiosity Did you just spy a new way forward that no one else had seen? | 56 | 55 | 54 | 53 | 52 | OVERUSE! Kindness Uh oh - be generous with your good will, but don't be taken for granted. |
| UNDERUSE! Leadership Uh oh - you forgot about your team and spent twice as long doing the job alone. | 42 | 43 | 44 | SCORE! Spirituality Uncovering your purpose fuels you forwards. | 46 | 47 | SCORE! Honesty Your friends appreciate your honest feedback, they give you a boost upwards. | 49 | 50 |
| 40 | 39 | 38 | OVERUSE! Appreciation of Beauty & Excellence Uh oh - You stopped too long to smell the roses. | 36 | OVERUSE! Humour Uh oh - probably shouldn't have put a whoopee cushion on the principle's chair! | 34 | 33 | 32 | 31 |
| 21 | SCORE! Judgement Good job knowing when to sit back and when to go - now climb fast! | 23 | 24 | 25 | 26 | 27 | 28 | 29 | UNDERUSE! Forgiveness Uh oh - move on and forgive, but don't put yourself in the same situation again. |
| 20 | 19 | 18 | 17 | 16 | SCORE! Bravery You forged your own path and it went onwards and upwards. | 14 | UNDERUSE! Judgment Uh oh - remember to judge the situation rather than the person. | 12 | 11 |
| 1 | 2 | SCORE! Kindness Use the ladder from saving that cat in the tree to climb higher. | 4 | 5 | 6 | 8 | SCORE! Forgiveness Letting go of that grudge made you feel so light you floated way ahead! | 10 | |